This Motzai Shabbat, we will celebrate Rosh Chodesh Nisan, which means that just two weeks later we will be gathering together to rejoice at our Pesach Seder tables. Sadly, many among us will approach these next two weeks leading up to the yom tov of Pesach, as a time of stress, aggravation and discomfort, rather than as an opportunity for renewal and re-invigoration.

The Shabbat preceding Rosh Chodesh Nisan, is known as Shabbat HaChodesh. The special maftir segment which is read on this Shabbat, records the very first mitzva given to the Jewish people. It instructs us in the mitzva of Kiddush HaChodesh, introducing us to the concept of Rosh Chodesh. These verses also instruct us in the basic laws of Pesach, and of preparing the Korban Pesach.

Parshat HaChodesh begins with the familiar verse:

HaChodesh Hazeh Lachem Rosh Chodashim, Rishon Hu Lachem L'Chodshei HaShana- This month shall be for you the beginning of the months, it shall be for you the first of the months of the year...

In *Sefer Ohr Gedalyahu*, **Rabbi Gedalia Schorr** *ztvk'l*, offers a beautiful insight as to the significance of this opening *pasuk*:

"The redemption begins with this parsha of HaChodesh Hazeh lachem, the galut began when a new king arose upon Egypt- Vayakam Melech Chadash, that with that new King-the Egyptians oppressed the Jewish people and took from them the capacity for renewal, and once Hashem uttered the words of HaChodesh Hazeh Lachem, the redemption began, as the power of creativity and renewal was restored to the Jewish People..."

As we enter *Chodesh Nisan*, and begin to prepare ourselves for the *yom tov* of *Pesach*, the *yom tov* of *geula*, explains Rav Gedalia Schorr, we are once again given an opportunity to feel spiritually re-invigorated.

Similarly, the great Chasidic Master the *Birkat Avraham zy'a of Slonim* offers this original insight on our verse:

"HaChodesh Hazeh Lachem-Rosh Chodashim- HaChodesh Hazeh- this entire month-every day of this month has the sanctity and capacity of Rosh Chodesh! Rishon Hu Lachem- The Midrash teaches us that Hashem is called Rishon. Throughout this entire month of Nisan, HaKadosh Baruch Hu reveals his presence to each and every member of Klal Yisrael..."

Yehi Ratzon, As we read Parshat HaChodesh and bentch Rosh Chodesh Nisan this Shabbat, may we be blessed to heed these two beautiful teachings from the Ohr Gedalyahu and the Birkat Avraham, and may we be blessed to feel that restoration of the inspiration and capacity for renewal and growth that comes with feeling Hashem's presence in our lives each and every day. Chodesh Toy!

רפואה שלמה אורה בת ראינה