

Healthy Relationships Workshop

Goals of the Workshop



Participants will get to know their inner world and femininity



Participants will identify their needs and their partner's needs in a relationship



Participants will acquire tools for building and conducting a healthy relationship



Participants will identify warning signs of violence in a marital relationship

Target audience



Young Haredi and Dati women (ages 18-25)



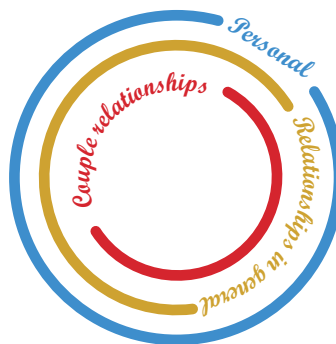
Facilitator

A professional in the fields of therapy and relationships

How it works

10 sessions

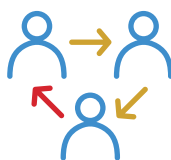
in 3 aspects



2 hours for each session

For young women

For staff



Introductory meeting and coordination



Training in the workshop content

What's on the journey?

